

blue
bengal
dine with passion

*We are so thrilled to re-open our dine-in
restaurant and welcome you back.
Enjoy the experience.*

Menu

Share your comments and pictures via Social Media



STARTERS

VEG

Pappadoms	Each 90p
Onion Bhaji	3.20
Samosa	3.20
Chilli Paneer	3.80
Spicy Garlic Mushroom	3.80
Tandoori Florets	3.80

NON VEG

Chicken Tandoori	3.80
Chicken Tikka	3.50
Chicken Chat	3.20
Lamb Chops (2 pcs)	5.80
Sheek Kebab	4.00
King Prawn Puree	6.95
Garlic King Prawn	6.50
Prawn Puree	5.50
Salmon Tikka	5.50

TANDOORI SPECIALITIES

Full Tandoori Chicken	12.95
Half Tandoori Chicken	7.00
Tender Chicken marinated with ground spices in a masalla sauce	
Chicken Tikka	7.10
Very tender Chicken or Lamb marinated in a tandoori sauce	
Chicken Annwaka	8.20
Marinated Chicken grilled in the tandoor, finished with fried onions, mushrooms & chilli	
Sheek Kebab	7.80
Minced lamb marinated in spices, skewered in tandoor	
Paneer Tikka	6.80
Home made cheese marinated in massalla dressing and cooked in the tandoor	
Chicken Shaslick	8.90
Marinated Chicken grilled with onions, tomatoes and capsicum	
Tandoori King Prawn	11.95
Prawns marinated with light spices & green herbs	
Tandoori Mixed Grill	12.50
A platter of assorted tandoori delicacies	
Vegetable Shaslick	7.50
Marinated pieces of aubergine and courgettes grilled with onion tomato & capsicum	

PLATTERS TO SHARE

Vegetarian Platter	6.20
Onion Bhaji, Garlic Mushroom and Samosa	
Meat Platter	7.20
Chicken Tikka, Sheek Kebab and Samosa	

OLD FAVOURITES

Madras / Curry / Vindaloo or Bhuna

Chicken	6.30
Meat	6.50
King Prawn	8.50
Vegetable	5.10
Paneer	5.30
Chicken Tikka Massala	7.50
Chicken Passanda	8.50
Chicken Biriani	8.20

Accompanied with Rice or Nan Bread

Balti, Korai, Jelfrezi, Patia or Dhansak

Chicken	8.90
Meat	9.20
King Prawn	12.50
Vegetable	7.20

VEGETABLE SIDES

Sag Bhaji / Sag Paneer / Sag Mushroom	3.50
Bombay Aloo / Sag Aloo	3.50
Mushroom Bhaji / Cauliflower Bhaji	3.50
Vegetable Curry / Tarka Dall	3.50
Chana Massala	3.50
Brinjal Bhaji / Broccolli Bhaji	3.50
Curry Sauce Korma / Madras / Vindaloo	3.50

CHEFS SPECIALS

MILD

Mumbai Vegetable	7.50
Smashed aubergine and potato cooked with chickpeas and herbs	

Sharjani Chicken / Lamb	8.50
-------------------------	------

Shanks of chicken or lamb cooked in garlic fried onion finished with mango sauce

Chingri Parsee	11.50
----------------	-------

Seasame seed coated King Prawns dipped in ginger, garlic, lime and chilli, served with a sweet mango coriander sauce

Murgh Makhani	8.50
---------------	------

Delicacy of grilled chicken in a creamy butter (makhan) sauce infused with aromatic ground spices

Chicken Podina	8.50
----------------	------

Delicacy of barbecued chicken cooked with onions, garlic, fresh mint, finished with coconut milk

Sweet Chilli King Prawn	11.50
-------------------------	-------

Jumbo king prawns marinated in home made sweet chilli and chutney sauce

Special Bengal Korma	8.50
----------------------	------

Classic dish with a twist. Cooked with coconut milk, curry leaves and mustard seeds

RICE

Plain Steamed Rice	2.40
Pilau Rice	2.70
Mushroom Rice / Coconut Rice	3.10
Special Rice / Keema Rice	3.20

MEDIUM

Gosht Kudu	8.80
Slow cooked lamb cooked with butternut squash in medium sauce	

Jeera Chicken Dhania	8.50
----------------------	------

Pieces of chicken tikka cooked with cumin seeds, fine herbs, onion, fresh ginger, capsicum and selected spices.

Shatkora Gosht	8.50
----------------	------

Tender pieces of lamb cooked with lemon leaves and zest of Bengali lime

Momtaz Chicken	8.50
----------------	------

Lightly spiced chicken stir fried with medium sauce and ginger

King Prawn Maroosh	11.80
--------------------	-------

King Prawn stir fried with courgettes cooked with fresh tomatoes, garlic & coriander

Murgh Masala	8.50
--------------	------

Chicken marinated with minced lamb, medium spices & finally cooked with egg

Tawa Meat	8.50
-----------	------

Tossed over an iron griddle with tawa spices and herbs, crushed garlic and ginger, spring onions, garnished with coriander

Lemon Pepper Chicken	8.50
----------------------	------

Succulent chicken cooked with sumac spice, crushed peppercorn and honey

HOT

Zaal Tikka Massala	8.50
--------------------	------

Classic dish given the Bengal treatment

North Bengal Garlic Chilli Chicken/Lamb	8.50
---	------

Chunks of tender chicken/lamb cooked with garlic, tempered with green chillies

Naga Chicken Methi	8.50
--------------------	------

Tender chicken marinated with crushed chilli and finally finished in Bengali sauce

Chicken Zilzila	8.50
-----------------	------

Strips of chicken, fried with mustard, peppers, garlic and sun-dried chillies and lemon leaf. Truly authentic!

Chingri Rangoon	11.80
-----------------	-------

Shelled king prawn infused with fennel seeds, jeera, ajwain and fresh green chillies

Gunpowder Tikka	8.50
-----------------	------

This dish was born out of the love for chillies. Succulent tikka cooked with several different chillies for a hot flavoursome sauce. Try it if you dare!

NAN BREAD

Plain Nan	2.40
Keema Nan	2.70
Peshwari Nan / Garlic Nan	2.60
Cheese Nan / Onion Nan / Chilli Nan	2.60

Food Allergies and Intolerances – Please speak to a member of the team, about any Dietary requirements when placing your order



Tel: 020 8647 0286 or 020 8669 7174

